

FALSE CREEK ELEMENTARY PAC

(PARENT ADVISORY COUNCIL)

PAC Upcoming Events – May 2011

<p>Tuesday, May 3 12:30 – 1:00 pm Upper field</p>	<p><u>RUN CLUB BEGINS AGAIN!</u> Come join us for this fun, non-competitive activity on Tuesdays at 12:30 pm (weather permitting.) All grades are welcome to join! We keep track of your progress and map it on a chart so you can see how far you've run.</p>
<p>Friday, May 6 12:30 – 1:00 pm Upper field</p>	<p><u>NEW! RUN, JUMP, THROW for Grades 1-3</u> Meet on the upper field on Fridays at 12:30 pm to practice your running, jumping and throwing skills with games and our new equipment.</p>
<p>Monday, May 16 6:00 – 7:30 pm School Library</p>	<p><u>PAC MEETING</u> Join us in the library to find out what the False Creek Parent Advisory Council is doing and how you can participate. Childcare is provided by grade 7 students in the gym.</p>
<p>Thursday, May 19 9:00 am – approx 1:00 pm School Gym and Outside</p>	<p><u>SPORTS DAY</u> Please return your Sports Day lunch order form to your child's teacher by Wednesday, May 11. Please indicate on the form if you are able to help prepare and distribute food.</p>

Run, Jump, Throw! - A New Program for Grades 1-3



False Creek School is introducing a new program for students in **Grades 1-3** to provide a fun, non-competitive forum for our younger students so they may build skills and confidence in land-based sports. No consent form is required to participate and all students in Grades 1-3 are encouraged to join!

Developed by Athletics Canada and presented by BC Athletics, the Run, Jump, Throw program teaches the skills of running, jumping and throwing and the technical skill progressions for track and field events. Through a combination of games and special equipment, Run Jump Throw provides a strong foundation for success in all sports and physical activities.

PAC funds were used to purchase the Run Jump Throw equipment. A big thanks to **Ms. Angela Cotter** (Division 6) who obtained Run, Jump, Throw certification and will be supervising the program at False Creek School.

***** The program begins this Friday, May 6 at 12:30 – 1:00 pm on the upper field and continues each Friday, weather permitting, until school breaks for summer. *****

Volunteers Required for Sports

Day Lunch... Sports Day takes place on **Thursday, May 19**. If you are able to help prepare and distribute the hotdog lunch on this day, please contact **Donna Fjell** at cdmfjell@similistech.ca or **604-876-5579**. Additional lunch order/volunteer forms can be downloaded at www.falsecreekpac.ca.

Run Club begins this Tuesday... Our non-competitive, fun Run Club starts up again this



week! All students (and parents!) are welcome to join us on **Tuesdays at 12:30 pm (weather permitting)** and run as much as you like.

School sports jerseys... Do you have a school jersey at home? We are missing many school jerseys and would like them returned in preparation for our badminton and track and field seasons. If your child still has a jersey at home, please send it back to the school as soon as possible. Thank you!

Clothing (and More!) Drive a

great success... Thanks to all who brought their donations to the school. Together, we sent more than 150 bags of clothing, toys and household items to the Developmental Disabilities Association. In return, False Creek School received almost **\$600!**

Lemonade Stand Dates

Confirmed... Our annual fundraiser is set for the weekend of **June 4-5**. Families are encouraged to help out at either of our 2 lemonade stands, shifts are just 1.5 hours each. Stands are located at the corner of the Spruce Harbour Marina boardwalk and near the False Creek Community Centre. A sign-up sheet will be posted in the entrance to the school closer to the date. This event typically raises over **\$1000** for our school activities!



End of Year PACnic, Movie Night and Book Signing ...

Mark your calendars for the final social event of the school year! On **Wednesday, June 22**, we will host our last PACnic. Bring your own dinner and a treat to add to the potluck dessert table.

Afterwards, join your friends in the gym for a movie!

While at the event, meet **Lesley McKnight** - a False Creek parent and author. She will be on hand to sign copies of her



newest book **Vancouver Kids**.

Copies of the book will be available for purchase at a discounted price of **\$10 each**.

Thanks to **Lesley McKnight** for donating the proceeds from this event to our PAC.

Thanks to all Cosmic Gala Family Dance

volunteers... A big thank you to all those who helped make this year's family dance a big success. The gym was transformed into a scene from a space ship, complete with cosmic guests in great costumes. Volunteers helped keep party-goes well hydrated and fed. Thanks to our **Grade 7** volunteers for their help with set-up and food sales.