

April 2011



Dear Parents / Guardians

Your child has expressed an interest in joining the track and field team for students in **Grades 3-7** at False Creek.

Track and field is a great way to build a strong foundation for success in all sports and physical activities. Our goal at False Creek Elementary is to help participants develop a positive self image, good sportsmanship and achieve their best.

Practices begin April 26 and continue until June 2.

Tuesdays: 3:15 - 4:15 pm

Thursdays: 3:15 – 4:15 pm

Please dress in running attire – track pants or shorts, shirts and running shoes - no jeans please! - and bring a water bottle to each practice.

Meet dates in May and June are still to be confirmed.

Responsibilities: Please review with your child the responsibilities listed below of a track and field team member:

1. To learn good sportsmanship and practice it at all times.
2. To cooperate fully with all adult supervisors.
3. To treat fellow teammates with respect and consideration.
4. To attend all practices unless prevented from doing so by legitimate reason, e.g. illness.
5. To exhibit a high standard of behavior at all times.
6. To participate fully in all practice sessions and meets and encourage your teammates to do so.

We are looking forward to a fun track and field season!

Your 2011 coaches,

Ms Cotter, Mr. Lerch, Mr. Proctor, Ms Cohen and parent volunteers

***** Cut here and return lower portion to the school by **Tuesday, April 26, 2011** *****

Student: I have read the above responsibilities and will do my best to follow them. Otherwise, I understand that I may be suspended or excluded from the team. My parents will be notified of the reasons for suspension/exclusion.

Student's Name: _____

Student's Grade (3-7 only): _____ Student's Teacher: _____

Parent / Guardian: I have read the list of responsibilities and practice / meet information and have discussed it with my child and I permit them to participate on the track and field team.

Parent Signature: _____ Date: _____

Email (for notices and updates): _____