

PAC WEEKLY LUNCH PROGRAM 2013-2014



We are pleased to once again offer families a weekly lunch program with
online ordering and payment through Mavalicious Kidseat
 (www.mavaliciouskidseat.com)



This program is **OPTIONAL**.
Food is delivered on Thursdays. You may order as many weeks in
 advance as you like.
Orders are due Wednesday a week prior to the lunch – no exceptions!

<u>PAC LUNCH SCHEDULE FALL 2013</u>	
September 19	Pizza
September 26	Wraps and Burritos
October 3	Meal Packs (hotdogs, mini-hamburgers, chicken fingers)
October 10	Pasta and Soup
October 17	Pizza
October 24	World Menu
October 31	Meal Packs (hotdogs, mini-hamburgers, chicken fingers)
November 7	Wraps and Burritos
November 14	Pizza
November 21	Pasta and Soup
November 28	Meal Packs (hotdogs, mini-hamburgers, chicken fingers)
December 5	World Menu
December 12	Pizza
December 19	NO LUNCH

To set up your online account and place an order, go to www.mavaliciouskidseat.com and click on the **NEW PARENT ACCOUNT SIGN UP** (must be completed each year.)

If you have any questions about our lunch program or are unable to process a payment online, please contact **Larissa Warrington, PAC Chair**, at falsecreekpac@gmail.com or 604-731-4243.

WE WILL REQUIRE VOLUNTEERS TO DISTRIBUTE LUNCHES! Please use our online sign up sheet at www.falsecreekpac.ca if you are able to help on **Thursdays from 11:45am - 12:30pm.**

THIS IS A PAC FUNDRAISER – THANK YOU FOR YOUR SUPPORT!

Detailed menu items and prices are below. For a complete description of menu items, please visit www.mavaliciouskidseat.com.

Pizza (September 19, October 17, November 14, December 12)

Pepperoni Pizza	\$5.00
Cheese Pizza	\$5.00
Hawaiian Ham & Pineapple Pizza	\$5.00
Side Caesar Salad	\$3.50
Carrots and Dip or Fresh Fruit Cup	\$2.50
Yogurt	\$1.50
Double Chocolate Brownies (2 mini)	\$1.50
Apple or Orange Juice, 2% Milk or Chocolate Milk	\$1.25

Wraps and Burritos (*September 26, November 7*)

Chicken quesadilla	\$5.00
Veggie & Bean Burrito	\$5.00
Beef n rice wrap	\$5.00
Indian Samosa Wrap	\$5.00
Jamaican Chicken wrap	\$5.00
Carrots and Dip or Fresh Fruit Cup	\$2.50
Yogurt	\$1.50
Sugar-free lemon cookie	\$1.50
Banana Bread	\$1.50
Apple or Orange Juice, 2% Milk or Chocolate Milk	\$1.25

Meal Packs (*October 3, October 31, November 28*)

Hot Diggity Dog Pack w/Carrots & 3 Donut Bites (Beef or Veggie)	\$6.00
Sliders Pack w/Carrots & 3 Donut Bites (Beef or Veggie)	\$7.00
Chicken Fingers	\$5.00
Carrots and Dip or Fresh Fruit Cup	\$2.50
Yogurt	\$1.50
Cinnamon Donut Cake Bites (3 mini)	\$1.50
Apple or Orange Juice, 2% Milk or Chocolate Milk	\$1.25

Pasta and Soup (*October 10, November 21*)

Spaghetti & Meatballs (w/ cracked wheat bun)	\$5.50
Mac N' Cheese (w/ cracked wheat bun)	\$5.50
Four Cheese Tortellini w/Tomato Sauce (w/ cracked wheat bun)	\$5.50
Upside down Meat or Veggie Lasagna	\$5.50
Meat Chili (w/ cracked wheat bun)	\$5.50
MAVA kids Chicken noodle soup for the soul	\$3.50
Carrots and Dip or Fresh Fruit Cup	\$2.50
Yogurt	\$1.50
Sugar-free lemon cookie	\$1.50
Banana Bread	\$1.50
Apple or Orange Juice, 2% Milk or Chocolate Milk	\$1.25

World Menu (*October 24, December 5*)

Curried veg w Tofu 275g	\$5.00
Alberta beef stew 275g	\$5.00
Shepherd's pie 275g	\$5.00
Asian Chicken Fried Rice w sweet n sour pork 275g	\$5.00
Chicken Fried rice w ginger beef n stir veg. 275G	\$5.00
Mac N' Cheese (w/ cracked wheat bun)	\$5.50
Carrots and Dip or Fresh Fruit Cup	\$2.50
Yogurt	\$1.50
Sugar-free lemon cookie	\$1.50
Banana Chocalate chip muffin	\$1.50
Apple or Orange Juice, 2% Milk or Chocolate Milk	\$1.25