

NEXT PAC MEETING - November, Monday 14th 7:15

All Parents & Guardians can register for our ZOOM meeting by clicking: HERE Past minutes are available on the PAC's webpage: http://falsecreekpac.ca Contact the PAC by email: falsecreekpac@gmail.com



ALL PARENTS, please fill out this form: https://forms.gle/qUdzJq2GpY5pgoRi6 so you can:

- Receive E-Mail directly from PAC,
- OPTIONAL: sign up to the False Creek Elementary PAC Slack Group,
- OPTIONAL: volunteer to be a division point of contact.

SALEEMA NOON PARENT WORKSHOP - NOVEMBER 29th 6:30

Talk Sex Today.

Body Science Boot Camp for Parents



Parenthood never arrives with a rulebook, and when it comes to explaining the world of sexual health to your child, it can be hard not to end up a bright shade of red. Using humor and straight talk in an open, interactive environment, Saleema Noon Sexual Health Educators will show you how easy it is to convey healthy, positive messages about sexual health to kids.

In this workshop parents will learn:

- Why we need to talk to children about sexual health at a young age
- How to reduce risk of child sexual abuse
- What children should know at each stage of development, with specific examples of how to explain concepts and processes
- How to become their kids' preferred source of sexual health information
- How to normalize open, honest sexual health conversations in their family
- How to effectively answer even the toughest questions kids ask
- What will be covered in Body Science workshops for students
- This workshop will be delivered via live Zoom!

When: Nov 29, 2022 Time: 6:30 PM

Join Zoom Meeting (no registration needed)

https://us02web.zoom.us/j/82116292272?pwd=V0Z1bWFHWTZ4Z2lyZ2E1UFBTb2o2UT09

Meeting ID: 821 1629 2272

Passcode: 461597

For more information about Saleema Noon Sexual Health Educators go to www.saleemanoon.com.

SCHOOL PHOTO RELEASE FORM & YEARBOOK ISSUE

The VSB sent out a very confusing form this year asking for permission to take, store, and distribute photos of our children. These are the consequences of the following options:

Option 1: "I GIVE MY CONSENT"

Option 2: "I ONLY GIVE MY CONSENT" for Yearbook

Option 3: "I DO NOT GIVE MY CONSENT"

If you selected **Option 3**, that means that **NONE** of these things can be done and your child will be excluded from:

- official class photos,
- full school group photo,
- end of year / grad collages, montages, slide shows.
- school newsletters,
- teachers' photos of in-class activities,
- halloween costume photos,
- the yearbook, and
- using photos in art projects or "about me" presentations.

Option 2 allows the above list to be done, but only for the yearbook. I'll be trying to make sure all parents **at least** OK this, as making the yearbook would be very challenging otherwise.

Option 1 will allow the above list to occur as normal, allowing parents to receive teachers' classroom photos.

To confirm parents' intent, the office will be contacting parents.

If parents confirm Option 1 "I GIVE MY CONSENT" teachers will be able to send out photos from classes, we can get group class photos, and the yearbook can go ahead more easily.

FUNDRAISING

Almost all of the PAC's funds are raised by direct donations.

School program activities like sport teams are starting up again! This will bring more opportunities for the PAC to help support our kids.

False Creek School PAC requests a donation from each False Creek School family (suggested: \$50.00 per child)

THREE WAYS TO SUBMIT YOUR DONATION:

- 1. **ONLINE** in PayPal at **Online PAC Direct Donation Campaign** (NO tax receipt issued)
- 2. ONLINE to "E-False Creek PAC" via your School Cash Online Account (A tax receipt WILL be issued)
- 3. You can submit your cash/cheque donation with this form: PAC Cash/Cheque Donation Form (NO tax receipt issued)

CHILDREN VACCINATION INFORMATION

For anyone out there who **hasn't** been fully vaccinated, **especially children 5-11**, please consider: https://www2.gov.bc.ca/gov/content/covid-19/vaccine/children

...and register: https://www2.gov.bc.ca/gov/content/covid-19/vaccine/children#register

PAC LUNCH PROGRAM - ORDER BY WEDS FOR FOLLOWING WEEK



Orders and cancellations must be in by 11:59pm the Wednesday before (6 days before delivery).

Only orders that have been paid for will be processed.

Munchalunch is an online platform that will be used for lunch orders and future fundraisers. After clicking on the link below, you'll be asked to create an account and add each of your child(ren) with grade and division. When you log into this account, the menu and

options for hot lunch, until winter break, are listed. You are welcome to order weekly, monthly or for the whole term. Please click on this link to be directed to our False Creek Elementary Landing Page to get started: https://munchalunch.com/schools/falsecreek

Our vendors don't supply cutlery, so please SEND CUTLERY with children when the meal requires it.

If any **changes** are made to a lunch order, that change must be paid for by the Wednesday before the lunch, or **none** of the lunch order will be delivered.

If you don't receive a **LUNCH REMINDER** e-mail by Monday, lunch is **NOT** going to be delivered.

Lunches for Absentee kids:

- If you want to pick up the lunch, you must call the office and you can pick it up by 1:00.
- Remaining meals will be given away at the office's discretion.
- For FoodSafe reasons, meals cannot be stored after lunch.

Let the PAC know if you are interested in volunteering at falsecreekpac@gmail.com. If there are enough volunteers, we could consider adding another Lunch day.

VANCOUVER DISTRICT PARENT ADVISORY COUNCIL (DPAC) EVENTS

The Vancouver District Parent Advisory Council (DPAC) is a collection of parents/guardians interacting directly with the Vancouver School Board with the common goal of supporting education for all the children of Vancouver. Find out more here.

All parents of VSB students are welcome to attend DPAC meetings.

Upcoming DPAC Events: November

- Thursday, November 3, 7 pm <u>DPAC Special Meeting: Treasury 101</u>
- Thursday, November 10, 7pm <u>November Executive Meeting</u>
- Thursday, November 24, 7pm November General Meeting

FALSE CREEK SPIRIT WEAR

Spirit Wear is a great way to show school spirit. Both navy blue, 95% spun cotton T-SHIRTS and heather grey, super soft cotton/poly HOODIES can be ordered.

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Visit your <u>School Cash Online</u> account to place your order. Order will be distributed to your child's classroom.



For size options, please visit: <a href="https://falsecreekpac.ca/spirit-wear/false-creek-spirit-wear-gar-spirit-wear-